

Summer Hours: Monday-Friday 9 a.m.-5 p.m.

## DESTINATION: VITERBO

ORIENTATION NEWSLETTER EST. 1890

Aug 6, 2024

Volume 134 , Issue 3

# We asked. You answered!



## Orientation Voting Results

#### CONTENT

- Voting Results!
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The results are in! Join us on Saturday night 8/24 in Nursing Center 196 at 9p for snacks, popcorn, and a viewing of The Fall Guy! The first 5 students will receive a Viterbo fleece blanket.

#### 3rd Food Truck Thu 8/22 11a-1:30p?

Tie between beverages and sweets! We'll get creative to have something from our <u>Viterbo</u>

Aramark team!

New Beginnings Dinner Menu - Thu 8/22?
Grilled BBQ: Burgers, hotdogs, salad, fruit (V/GF)

### Register for Orientation Service Saturday!



<u>Click here</u> to register ASAP. Projects will close as they fill and anyone who does not register by the priority deadline will be automatically placed. The first person to reply to this email with their favorite snack will find it on Move In Day!

Priority Deadline: Aug 16 @ 12p

\*Register ASAP for best chance at getting your top choices!

Registration for Family Day Service Saturday 9/14 available next week at www.viterbo.edu/servicesaturdays!

### Orientation is getting closer!

**CLICK HERE** to meet your O Leaders!

<u>Look out for **Viterbo App** messages to meet your</u>

- Orientation Groups: hopefully this week!!
  After reading your O-Leaders' bio, email them something about you to be entered to win a blanket from the University Bookstore!
  - <u>Review the schedules</u> released last week and reach out with questions!



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### Ready for Move in?

- Complete Vector Modules.
  - Check your email for information.
- Complete new student enrollment forms found here.
- Ensure you understand your Viterbo log-in.
- Review Vic's Checklist and complete what you can!
- Share your mailing address with family and friends!



# Mailing Information

## FIRST & LAST NAME HALL/BLDNG & MAILBOX #

900 Viterbo Drive

La Crosse, WI 54601

Packages can be picked up in the basement of Reinhart Center at the Viterbo Copy Center. Envelopes and other traditional mail will be placed in student mailboxes.

# Resources Spotlight: Advising, Career Development, and Service



#### **Starfish Early Alert**:

Starfish is a resource that allows students to connect with professors and faculty on and off campus. Students can schedule appointments for ARC resources, academic advising, career development, math/writing assistance, and more through Starfish. You can find it in Moodle.

# Handshake

<u>Handshake</u> is a resource for college students to help find the right job for them, both during and after college.

For those offered a work-study position, those will be posted on Handshake, as well as a job description, and how to apply!

Internships and direct connections to course content can also be found on Handshake. Don't wait to explore!

#### Looking to volunteer or serve?

<u>Click here</u> to explore **UGetConnected** and 150+ non-profits in the La Crosse & surrounding areas!



## Worried about being

homesick?

Moving away to college is a big transition. So is starting over somewhere new or exploring a career change. For some, they have been waiting 18 years to move away. Others have dreaded this day.

We want to help make your transition to Viterbo as smooth as possible! If you or a friend are struggling with homesickness or anything else, please let someone know. This could be an RA, a coach, your O-Leader, or our on-campus counselors.

Homesickness is very normal and looks different for everyone. You might be surprised to hear that those around you relate to how you are feeling.

Whether it's day 1 or day 100, we're all here to help you be the best version of yourself.

Read this article for tips on how to manage homesickness and other mental health strategies to help.

Remember - it's always easier to build your web of support before you hit rock bottom. Get connected early!

