

# Sample Four-year Plan for Psychology (BS)

Note: The four-year plan is for example purposes only. Students should refer to the catalog in effect upon their entry to Viterbo for more specifics on requirements of the core curriculum, major, and degree. Some courses have certain semester rotations that may or may not be reflected below. Your advisor will assist you with actual registration planning to accommodate these rotations. For complete information, see the current undergraduate catalog.

Fall Semester – First Year		Spring Semester – First Year	
ENGL 103/104/105 – CCF Written Communication	3–4	ENGL 104/105/195 – CCF Written Communication	3–4
VUSM FVT – Franciscan Values and Traditions	3	CCWOT (Recommend Artistic Engagement)	3
CCWOT (Recommend Theological Inquiry)	3	CCWOT (Recommend Natural Science) <sup>1</sup>	4
CCWOT (Recommend Historical Analysis)	3	PSYC 223 – Data Analysis in Psychology (CCF Quantitative Literacy)	3
PSYC 171 – General Psychology (CCWOT Social Sciences)	3	PSYC 270 – Interpersonal Communication Skills (CCF Oral Communication)	3
<b>TOTAL CREDITS</b>	<b>15–16</b>	<b>TOTAL CREDITS</b>	<b>16–17</b>
Fall Semester – Second Year		Spring Semester – Second Year	
VUSM LDW – Living in a Diverse World	3	CCWOT (Recommend Philosophical Inquiry)	3
CCF Written Communication II	3	CCWOT (Recommend Natural Science)	4
PSYC 230 – Research Methods I	3	PSYC 210 – Human Sexuality	3
PSYC 250 – Social Psychology	3	PSYC 330 – Research Methods II	3
General Elective/Minor <sup>4</sup>	3	General Elective/Minor <sup>4</sup>	3
<b>TOTAL CREDITS</b>	<b>15</b>	<b>TOTAL CREDITS</b>	<b>16</b>
Fall Semester – Third Year		Spring Semester <sup>5</sup> – Third Year	
VUSM SJE – Social Justice and Equity	3	CCWOT (Recommend Literary Analysis)	3
CCWOT (Recommend Integrating Faith and Practice)	3	PSYC 487/489 – Internship/Research	1–6
PSYC 335 – Cognitive Psychology	3	Psychology Elective <sup>2,3</sup>	3
PSYC 340 – Behavior Disorders	3	Psychology Elective <sup>2,3</sup>	3
Psychology Elective <sup>2,3</sup>	3	General Elective/Minor <sup>4</sup>	3
<b>TOTAL CREDITS</b>	<b>15</b>	<b>TOTAL CREDITS</b>	<b>13–18</b>
Fall Semester – Fourth Year		Spring Semester – Fourth Year	
VUSM TEL – The Ethical Life	3	General Elective/Minor <sup>4</sup>	3
PSYC 499 – Psychology Capstone	1	General Elective/Minor <sup>4</sup>	3
Psychology Elective <sup>2,3</sup>	3	General Elective/Minor <sup>4</sup>	3
Psychology Elective <sup>2,3</sup>	3	General Elective/Minor <sup>4</sup>	3
General Elective/Minor <sup>4</sup>	3	General Elective/Minor <sup>4</sup>	3
General Elective/Minor <sup>4</sup>	3		
<b>TOTAL CREDITS</b>	<b>16</b>	<b>TOTAL CREDITS</b>	<b>15</b>

## NOTES:

<sup>1</sup>Natural science – Recommend BIOL 203 – Human Biology

<sup>2</sup>At least one from each of these two categories:

1. NEUR/PSYC 261 – Brain and Behavior, PSYC 305 – Psychopharmacology
2. PSYC 220 – Lifespan Psychology, PSYC 310 – Child Adolescent Psychology, PSYC 320 – Psychology of Adult Development and Aging

<sup>3</sup>Choose three from: PSYC 342 – Health Psychology, PSYC 348 – Psychology of Race and Belonging (VUSM SJE), PSYC 351 – Psychological Testing, PSYC 374 – Positive Psychology, PSYC 421 – Family Therapy, PSYC 422 – Theories of Counseling, PSYC 424 – Motivational Interviewing

<sup>4</sup>A minor is encouraged. Common minors of interest to psychology majors: criminal justice, ethics, family studies, gerontology, neuroscience, philosophy, Spanish, substance abuse counseling. Students must complete 120 credits (including 40 credits upper division) for BS degree.

<sup>5</sup>Second semester juniors who qualify can apply for the 4+2 option with Viterbo's Masters of Science in Mental Health Counseling (MSMHC) program. 4+2 students get an early start on their MSMHC degree and can complete it in just two years after earning their BS in psychology.